

# Targeting the Cannabinoid CB<sub>2</sub> Receptor for Novel Anti-inflammatory Therapeutics

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Dr Uwe Grether



# TARGETING THE CANNABINOID CB<sub>2</sub> RECEPTOR FOR NOVEL ANTI-INFLAMMATORY THERAPEUTICS

On the surface of many of our cells, intriguing receptors called cannabinoid receptors reach out into their environment. The CB<sub>2</sub> subtype of this receptor family is expressed largely on our immune cells and plays an important role in inflammatory responses, making it a promising target for anti-inflammatory therapeutics. To produce effective drugs, the molecules that bind to the CB<sub>2</sub> receptor, known as ligands, need to be characterised. **Dr Uwe Grether** from F. Hoffmann-La Roche Ltd has dedicated his research to discovering useful CB<sub>2</sub> receptor ligands and utilising them in the development of novel anti-inflammatory therapeutics.

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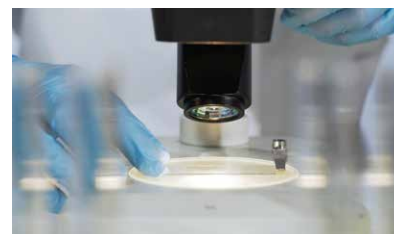
## Ligands and Receptors

Receptors are important protein structures that allow cells to interact with the world around them (if they are on the cell surface) or help to control the activities within the cell (if they are intracellular). Cell-surface receptors reach out into their environment and bind to molecules that have the right complementary structure. The specific molecules that bind to a given receptor are known as its ligand. Ligands and receptors that bind strongly together are said to have a high affinity for each other and more energy is needed to pull them apart.

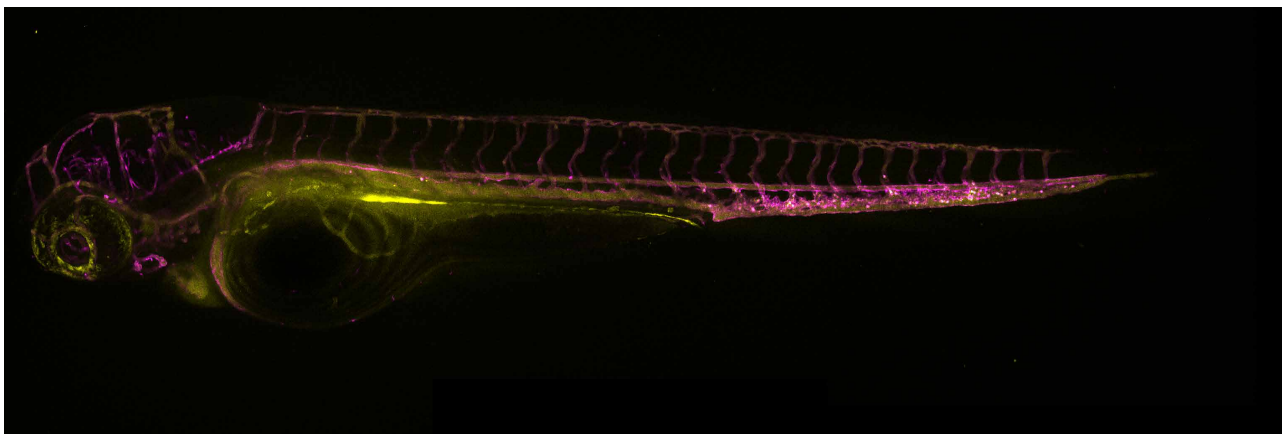
Although there are hundreds of different types of receptors, those on the surface can be placed into one of three groups: ligand-gated ion channels, receptor tyrosine kinases and G protein-coupled receptors (GPCR). The latter are characterised by their protein structure weaving in and out of the cell membrane seven times, creating seven

protein segments. An area of the protein within the cell can bind to a G protein which gives the receptor its name. The arrival and binding of a ligand activate the G protein and induce a signalling pathway across the cell that eventually leads to a response.

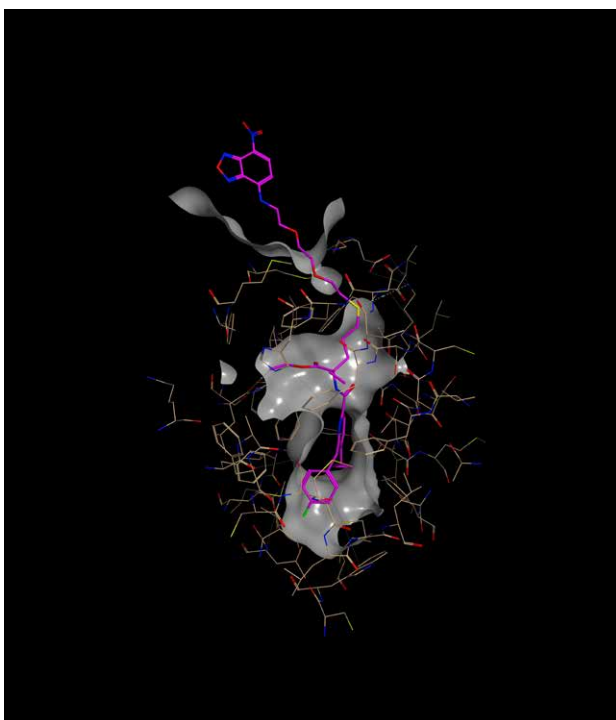
The type of response depends on the type of receptor and ligand interacting. For example, around 800 GPCR in humans are believed to bind to a specific scent molecule and their response results in us smelling the associated odour. Another type is that of cannabinoid receptors, named after their ligands called cannabinoids. Many people may associate the word cannabinoid with the cannabis plant (for good reason). Plant cannabinoids such as tetrahydrocannabinol are one of the three groups of cannabinoid ligands. However, they can also be produced by mammals (called endocannabinoids) or produced artificially (synthetic cannabinoids).



Currently, there are two known cannabinoid receptors, known as CB<sub>1</sub> and CB<sub>2</sub>, although more may await discovery. The CB<sub>1</sub> receptor is mainly found in areas of the central nervous system like the brain but also in the kidneys, liver and lungs. In contrast, CB<sub>2</sub> receptors are mainly found within the immune system and in the cells that multiply to create other blood cells – haematopoietic stem cells. During pathological stimuli, there is evidence that the expression of CB<sub>2</sub> receptor increases, meaning that more of the protein is produced and placed on cell surfaces. An agonist (any ligand that activates the receptor) then initiates a signalling cascade that prevents or treats an illness. While this binding of an



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inverse agonist could worsen the illness, in some rare cases, the opposite has been reported for CB<sub>2</sub>.

These findings converge to suggest that the CB<sub>2</sub> receptor is involved in certain disease processes and is, therefore, a promising drug target. Uncovering the intricate structure and function of CB<sub>2</sub> receptors and their ligands is the work of Dr Uwe Grether, who leads his collaborative research at the biotechnology company, F. Hoffmann-La Roche, based in Basel, Switzerland.

#### Characterising Cannabinoid Receptor Ligands

Due to its distribution concentrated in the immune system, the CB<sub>2</sub> receptor as a therapeutic target generated considerable

interest in relation to inflammatory disease and tissue injuries. In fact, drugs for these disorders have already been widely developed and utilised. However, precisely how they work in cells is an ongoing task for Dr Grether, who is working to verify the molecular mode of action of CB<sub>2</sub> receptor ligands as a therapy and their selectivity for the receptor. He also studied the associated pharmacokinetic properties, that is, how the drug is absorbed, distributed, metabolised and excreted over time throughout the body.

Through extensive collaboration with multiple academic and industry laboratories, Dr Grether comprehensively profiled the most widely used CB<sub>2</sub> receptor ligands. He and his team discovered key differences in how a variety of ligands activate specific signalling pathways in a cell and their ability to interact with undesired proteins, known as off-target effects. They also found three highly selective CB<sub>2</sub> receptor ligands to recommend in the study of the role of the CB<sub>2</sub> receptor in biological and pathological processes: HU910, HU308 and JWH133. These ligands also have a promising pharmacokinetic profile.

Dr Grether believes that this in-depth study will set the standard for CB<sub>2</sub> receptor experiments in the future because his team has created the largest data set of cannabinoid receptor ligands under the same experimental conditions. These novel characterisations can be used all over the world, and not just for cannabinoids. Importantly, the approach that the research team took could be used to characterise other therapeutic targets for all kinds of drug discovery research.

#### Ocular Inflammation Treatment

The ligands that Dr Grether investigated in this early work are described as agonists – a type of ligand that induces normal activity when bound. In the case of CB<sub>2</sub>, the natural ligands are agonists, whereas other types of ligands have opposing effects (such as inverse agonists). In his next study, Dr Grether studied a mixture of these ligands for their use in therapeutics, specifically ocular inflammation.



He focussed on two CB<sub>2</sub> receptor agonists, called RO6871304 and RO6871085, and an inverse agonist, RO6851228. Although these ligands are all structurally unique, they are also highly selective for the receptor, meaning they don't attach to other receptors to produce unwanted reactions. Using computer models (in silico) and cell-based (in vitro) tests, Dr Grether and the team studied the interactions between these ligands and the receptor including binding and cell signalling. Furthermore, they characterised the absorption, distribution, metabolism, excretion and toxicology profile of the ligands.

Dr Grether revealed that the two agonists had a strong affinity for CB<sub>2</sub> receptors and once bound, they reduced the inflammatory effects of various immune cells in the eye. Therefore, drugs containing these ligands may be useful for targeting the CB<sub>2</sub> receptor to enhance its anti-inflammatory activities. To treat eye inflammation, these drugs could be administered topically as well as orally to treat inflammation throughout the eye. As a result, patients could receive effective treatment and prevent consequent ocular tissue damage.

#### **Developing Novel Fluorescent Probes for CB<sub>2</sub> Receptors**

Dr Grether has also carried out investigations into the development of probes to enable other studies into CB<sub>2</sub> receptors and their distribution and activities within both healthy and diseased cells. These probes are fluorescent, which means that when a specific wavelength of light is shone on them, its molecules absorb the light and then re-emit a different specific wavelength. This new wavelength of light can then be detected and viewed in colourful images. Because the fluorescent probes are attached to a protein of interest, the fluorescence that is detected indicates the location of that protein.

However, attaching a fluorescent probe to a protein is not as simple as it may sound. Such probes have to be carefully designed so that they can attach to a certain part of the protein of interest. In a recent study, and another collaborative effort, Dr Grether led an innovative group to design a collection of highly specific CB<sub>2</sub> receptor fluorescent probes which were successfully used in a wide range of cell types, in different species and for a number of applications.

This is an exciting project, not least because it will allow Dr Grether and other scientists around the world to better understand the CB<sub>2</sub> receptor, its cell signalling mechanisms and expression throughout the body, tissues and cells. Critically, Dr Grether has facilitated the continued study of the receptor, driving forward new developments in the treatment of autoimmune disorders, inflammatory diseases and even cancer.

#### **Developing More Effective CB<sub>2</sub> Receptor-based Drugs**

Further building on this work, one of Dr Grether's most recent projects has resulted in another new fluorescent probe. As he explains, 'This probe is the first of its kind to preserve both a strong affinity to the CB<sub>2</sub> receptor as well as its agonistic efficacy once bound, shown in both human and mice cells.' When applied in zebrafish larvae (a common model organism for scientific research), this fluorescent probe facilitated live cell imaging. Excitingly, this allowed the team to observe the functions of the CB<sub>2</sub> receptor within the cells in real-time, allowing them to gain a better understanding of its function. The dedicated work of Dr Grether is playing a vital role in advancing knowledge of this important cannabinoid receptor in the quest to develop more effective CB<sub>2</sub> receptor-based drugs.





# Meet the researcher

**Dr Uwe Grether**

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Dr Uwe Grether studied undergraduate and postgraduate chemistry at the University of Karlsruhe in Germany before undertaking a postdoctoral fellowship at Oregon State University in Corvallis, USA. Since then, Dr Grether has worked at F. Hoffmann-La Roche in Basel, Switzerland. Starting as a medicinal chemist in diabetes, he went on to study dyslipidaemia, kidney and inflammatory diseases, and also ophthalmology. Currently, Dr Grether is now project leader of research programs, focussing on the central nervous system and immunology. He dedicates much of his research to the endocannabinoid system, and in particular the cannabinoid receptor CB2 and its ligands, due to their implication in inflammation disorders and consequently, their exciting potential for drug targeting.

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## FURTHER READING

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